

1. Mr Chab Hat in Pur Sat

This year 2015, **Mr. Chab Hat** has increased its accountability for his family and community people. He works closely with people to deal the problems happen in their community as before he was not much cared about it. He has facilitated people to join efforts to securing our village safety. People have increased respect to him. Beside of community work, he and his wife take look their grandchildren and have raised animals which are cows, chickens, and ducks in order to earn more income for their live. His youngest son now is



opening a phone repairing shop at Yea Kab Kroam Market. They could earn 20000Riels (5USD) to 30000Riels (7.50USD) per day. So his family living condition is better and harmony than before.

Mr. Hat described us about his family's problems and background: he now is 57 years old, Chief of Pothi Khoeun Village, Boeng Kantout Commune, Krakor District, Pursat Province. His is Mrs. Uch Hun, 53 years old and living the same village. He also has two sons but youngest son is living under his support. The main income to support his family living condition is farming. He continued that "the income from farming is very less and not enough to support family because it could do only one time per year." After farming season, he also claimed up the palm tree to drip the water and made sugar for sale in the village. There were 10kg produced per day and price was 1800 riels (0.45USD) for 1kg. These incomes were still not enough to help his family to be better living condition.

However, he could access alcohol drinking since 1986. He drank more and more because of he didn't know about alcohol is seriously affected to his health and family income. A few years later, he got alcohol dependent or addiction. His hand and body were shaked without alcohol. He got many types of disease such as his leg got swelled, headache, and poor memory. His wife and children were not happy with him because they didn't have much money to support the treatment.

In 2014, Mr. Yim Tom, trainer of People Center for Development and Peace (PDP-Center) in Pursat Province, came to his village and invited him to participate a community talk that we discussed about alcohol related problems in the community. That time, he got much understand on the harmful use of alcohol as he was an example or evidence. Seven months after the discussion, he decided to quit alcohol. At the end of 2014 he completely quitted alcohol and his family's members were much happy with him. His health is better now.

Lastly, he express his acknowledge that "I am thankful to PDP-Center that brings this activity to our community. If I didn't participate I will not know on how to quit alcohol. I am really appreciated with it." (*Written by Mr. Yom Tom, trainer of People Center for Development and Pace in Pursat Province*)